

Upper Extremity Institute 2023-2024 Schedule:

Month	Topic #1	Topic #2	Moderator
Month 1: 09/21/2023 Chronic Pain	Chronic Pain: Alyssa Phillips, CScD, MOT, OTR/L	CRPS: Romina Astifidis, MS, PT, CHT	Kerry Demers, OTR/L, CHT
Month 2: 10/19/2023 Focus on Nerve	Pediatric BPI: Cara Smith, PT, DPT, CHT	Radial Nerve Palsy: Kerry Demers, OTR/L, CHT	Susanne Higgins, OTD, OTR/L, CHT
Month 3: 11/16/2023 Focus on Tendon	Lateral Epicondylitis: Kerry Demers, OTR/L, CHT	Trigger Finger: Heather Weesner, OTR/L, CHT	Susanne Higgins, OTD, OTR/L, CHT
Month 4: 12/14/2023 Focus on Tendon (Part 2)	Extensor Tendon: Elise Rochford, OTR/L, CHT	Flexor Tendon: Kerry Demers, OTR/L, CHT	Tara Ruppert, OTD, OTR/L, CHT
Month 5: 01/18/2024 Focus on Soft Tissue/Tendon	TFCC: Jill Yanick, OTR/L, CHT	Carpal Instability: Kathleen Albert, MS, OTR/L, CHT	Heather Weesner, OTR/L, CHT
Month 6: 02/15/2024 Focus on Soft Tissue (Part 2)	Wounds: Nora Barrett, MS, OTR/L, CHT, WCC	Dupuytren's: Kathleen Albert, MS, OTR/L, CHT	Tara Ruppert, OTD, OTR/L, CHT
Month 7: 03/21/2024 Focus on Bone	Hand Fracture: Jill Yanick, OTR/L, CHT	Distal Radius Fracture: Stephanie Strouse, OTD, OTR/L, CHT	Heather Weesner, OTR/L, CHT
Month 8: 04/18/2024 Focus on Bone (Part 2)	Humeral Fracture (with Radial Nerve Palsy): Romina Astifidis, MS, PT, CHT	Terrible Triad Elbow: Heather Weesner, OTR/L, CHT	Kerry Demers, OTR/L, CHT
Month 9: 05/16/2024 Focus on Ligament/Capsule	Rotator Cuff Tear/Repair: Laurie Humiston, MS, OTR/L, CHT	Shoulder Instability: Heather Weesner, OTR/L, CHT	Tara Ruppert, OTD, OTR/L, CHT

Month 10 : 06/20/2024 Focus on Ligament/Capsule (Part 2)	Shoulder Impingement: Jim Wagner, OTD, OTR/L, CHT, CPAM, CSCS	GIRD: Heather Weesner, OTR/L, CHT	Kerry Demers, OTR/L, CHT
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